



**COMMISSION ON STATUS OF WOMEN
SAN LUIS OBISPO COUNTY
PO Box 15116
San Luis Obispo, CA 93406**

**REPORT ON ACTIVITIES
2015/2016**

April 2016

Table of Contents

Mission Statement	1
Current Roster	1
Report on Activities 2015	2
Website, www.slowomen.org	2
Social Media	2
Commission Status	2
Community Outreach	2
Annual Holiday Reception, December 2015	2
3 rd Annual Women Wall of Fame	3
National Association of Commissions for Women (NACW)	4
Association of California Commissions for Women (ACCW)	4
Planned Goals and Objectives 2015/2016	5
Fully Staffed Commission	5
Commission’s Women’s Issues Survey	5
Monthly Meetings	5
Women’s Wall of Fame	5
Community Outreach	5
Annual Budget	6
Thriving Commission: \$7,621.41	6
Sustaining Commission: \$3,300.00	7
2015 Women’s Issue Survey Results	8
1. How do you rate the overall quality of life in San Luis Obispo County?.....	8
2. How secure do you feel about:	8
3. Which of the following issues are you dealing with right now?	8
4. What type of programs and services would you like?	9
5. What barriers, if any, preventing you from getting help you may need?.....	10
6. What is the best way for you to receive information?	10
7. Which of the following describes your current employment status?	11
8. What is your current occupation?	11
9. If Retired, what was your occupation?	11
10. What are your hobbies/interests?	12
11. How is your health care funded?.....	12

12. How well do you think your District Supervisor represents you?	13
13. How well do you think your District Supervisor represents you?	13
14. What is your age?	13
15. Where do you currently live?.....	14
16. What is your Zip Code?.....	14
17. What is your Marital Status?	15
18. What are the ages of your children?	15
19. What is your Race/Ethnicity?	15
20. What is your highest level of education?.....	15
21. What is your household annual income?	16

Mission Statement

The San Luis Obispo County Commission on the Status of Women is an official advisory body to the San Luis Obispo County Board of Supervisors. It is an advocate for equal rights and for the agencies and programs that support the health, socioeconomic, and professional well being of women in our community.

The Commission enhances the quality of women's lives by identifying key issues that face women in SLO County and by recommending solutions for those issues. It facilitates action by sponsoring projects and by serving as the coordinating body for the various community organizations that are dedicated to women. The Commission's goal is to increase collaborative efforts among groups to influence public policy.

Current Roster

- District 1: Consuelo Meux, *TWO VACANCIES*
- District 2: Jan Harper, Vicki Milledge, Paulla Ufferheide
- District 3: Julie Jones, Amanda King, Christine Noffz
- District 4: Robyn DeRohan, Layci Gragnani, Kathy Veder
- District 5: Shawna Scott, *TWO VACANCIES*

Report on Activities 2015

Goal: Collaboration and Visibility

Website, www.slowomen.org

- Commission website functioning
- Meeting agenda and minutes posted
- Commission's 2015 Women's Issues Survey in English and Spanish available in printable PDF format and SurveyMonkey for online completion.
- Updated 2016 Women's Issues Survey is currently on the website

Social Media

- Increased social media presence with Facebook, Twitter, and LinkedIn accounts.
- #thisdayinhistory series spotlighting interesting daily facts pertaining to Women throughout the world.
- Nominee of the Day series spotlighting a different Women's Wall of Fame nominee each day leading up to the Luncheon

Commission Status

- Gained one Commissioner: Christine Noffz, District 3

Community Outreach

- Meeting Guest Speakers:
 - September 2015: John Fowler, President, Peoples' Self-Help Housing Corporation
 - October 2015: Shannon McOuat, Community Outreach Manager, Transitions Mental Health Association
 - November 2015: Sister Theresa Harpin, Executive Director; Dixie Howell, Community Outreach Coordinator; and Roxanne Lopez, Restorative Partners
 - March 2016: Rita Turner, Health Center Director, Planned Parenthood SLO
- Nominations for 3rd Annual Women's Wall of Fame, October 2015-December 2015
- 3rd Annual Women's Wall of Fame Luncheon, March 12, 2016
- Cal Poly's Women in Business Association, *Women in Leadership* Conference, April 22, 2016

Annual Holiday Reception, December 2015

- Altered reception hours to better include County employees, 4:30PM-6:30PM
- Attended by 1st District Legislative Assistant, Vicki Fogleman; 2nd District Supervisor Bruce Gibson and Legislative Assistant Cherie McKee; 3rd District Supervisor Adam Hill and Legislative Assistant Hannah Miller; 4th District

- Legislative Assistant Jocelyn Brennan; and 5th District Supervisor Debbie Arnold and Legislative Assistant Jennifer Caffee; County Clerk-Recorder Tommy Gong; Sheriff Ian Parkinson
- 2 American Association of University Women (AAUW) San Luis Obispo Branch members attended
 - 2 South Bay Women's Network (SBWN) members attended
 - Many members of the local community

3rd Annual Women Wall of Fame

- Contacted more than 250 organizations for nominations and collaboration
- Honored 17 women
- Collaborated with South Bay Women's Network to put on the event
- Event attracted over 180 people

Women's Issues Survey, 2015

- Updated and fine-tuned both English and Spanish versions
- Implemented Survey Monkey in January 2015
- Commissioners to reach out to agencies, organizations, and groups including but not limited to, the following:
 - Alzheimer/Dementia Resource Center
 - American Association of University Women (AAUW)
 - Area on Aging County
 - Atascadero Senior Center
 - Cal Poly and Cuesta College
 - Echo Homeless Shelter
 - Gay and Lesbian Alliance
 - Hospice of San Luis Obispo
 - Latino Outreach Council
 - League of Women Voters
 - Morro Bay Senior Center
 - North County Women's Resource Center
 - Paso Cares
 - Paso Robles Senior Center
 - Prado Day Center
 - RISE
 - San Luis Obispo Business Women
 - San Luis Obispo Cattle Women
 - San Luis Obispo County Jail
 - San Luis Obispo Homeless Shelter/Prado Day Center
 - San Luis Obispo Republican and Democratic Women
 - San Luis Obispo Women's Shelter
 - South County Hispanic population
 - South County People's Kitchen
 - Women Vets San Luis Obispo
 - Women's Jail

National Association of Commissions for Women (NACW)

- July 2015, Indianapolis, IN - One Commissioner attended and presented summary report to Commission
- One Commissioner on the Board of the NACW

Association of California Commissions for Women (ACCW)

- Commission attendance at annual retreat and working meeting
- Meeting attendance/participation
- Committee participation
- San Luis Obispo County Commission continues solid presence within ACCW
- One Commissioner is Vice President

Planned Goals and Objectives 2015/2016

Fully Staffed Commission

- Continue to work with Board of Supervisors
- Continue collaboration with various County organizations and agencies for appointees with commitment
- Commission has the Commissioners to get the work done

Commission's Women's Issues Survey

- Widen distribution to reach diverse County population
- Collect over 500 surveys during 2016 survey year
- Use Survey Monkey to produce more comprehensive reports and see correlating factors
- Consolidate and report findings in Annual Report
- Reach out to diverse groups within the County

Monthly Meetings

- Continue monthly meeting speakers to provide information/education and collaboration opportunities to Commission
- Post Agenda on website and social media well in advance to better include public
- Update Minutes on website for public to review meetings

Women's Wall of Fame

- Hold successful 4th Annual Women's Wall of Fame Luncheon, March 2017

Community Outreach

- Continue building communication and collaboration tools:
 - Website
 - Social Media
 - Distribution list
 - Networks
- Attend Community events

Annual Budget

Thriving Commission: \$7,621.41

EXPENSE	AMOUNT
Dues	
National Association of Commissions for Women (NACW)	\$ 100.00
Association of California Commission for Women (ACCW)	\$ 50.00
Community Outreach	
Survey Monkey	\$ 300.00
4 th Annual Women's Wall of Fame Event - March 2017	\$ 3,896.41
Conventions and Meetings	
NACW (registration and two nights lodging)	\$ 1,500.00
Annual Retreat	\$ 125.00
Public Hearings/Meetings within State (CA Vet, ACCW, other CA Commissions)	\$ 500.00
Operational Costs	
Printing/Reproductions (Survey, Brochure)	\$ 500.00
Website Management	\$ 400.00
Postage	\$ 100.00
Telephone Line/County Voicemail	\$ 50.00
Badges/Name Tags/Business Cards	\$ 100.00
TOTAL	\$ 7,621.41

Sustaining Commission: \$3,300.00

EXPENSE	AMOUNT
Dues	
NACW	\$ 100.00
ACCW	\$ 50.00
Conventions and Meetings	
NACW (registration and two nights lodging)	\$ 1,200.00
Annual Retreat	\$ 100.00
Public Hearings/Meetings within State (CA Vet, ACCW, other CA Commissions)	\$ 500.00
Operational Costs	
Printing/Reproductions (Survey, Brochure)	\$ 300.00
Survey Monkey	\$ 300.00
Website Management	\$ 150.00
Postage	\$ 100.00
Telephone Line/County Voicemail	\$ 50.00
Badges/Name Tags/Business Cards	\$ 50.00
Advertising (public notices)	\$ 400.00
TOTAL	\$ 3,300.00

2015 Women’s Issue Survey Results

No surveys were eliminated from the sample. 9 Spanish Surveys and 107 English Surveys for a total of 116 total surveys were submitted.

1. How do you rate the overall quality of life for you and your family here in San Luis Obispo County? [On a Scale of 1 = Poor and 10 = Excellent]

<u>Rating</u>	<u>Responses</u>	<u>Percentage</u>
1	1	0.9%
2	1	0.9%
3	1	0.9%
4	2	1.8%
5	4	3.5%
6	4	3.5%
7	13	11.5%
8	33	29.2%
9	20	17.7%
10	34	30.1%

3 respondents did not answer this question.

2. How secure do you feel about:

	<u>Slightly Secure/ Not at All</u>	<u>Secure</u>	<u>Extremely/ Very Secure</u>
Your physical health?	13.3% (15/113)	65.5% (74/113)	21.2% (24/113)
Your emotional security?	8.0% (9/113)	56.6% (64/113)	35.4% (40/113)
Your financial security?	21.9% (25/114)	59.7% (68/114)	18.4% (21/114)

2 respondents did not answer this question.

3. Which of the following issues are you dealing with right now?

Percentage Responses

Affordable Housing, Lack of Housing	17.6%	19
Childcare/Children's Issues	11.1%	12
Discrimination	4.6%	5
Drug/Alcohol Abuse	5.6%	6
Mental Health	7.4%	8
Financial Security	26.9%	29
Health Issues	26.9%	29
Hunger/Nutrition	2.8%	3
Lack of Transportation	4.6%	5
Legal Issues	5.6%	6
Violence/Domestic Abuse	2.8%	3
Unemployment	4.6%	5
Elder/Senior Care	22.2%	24
None	31.5%	34
Other (please specify)		7

8 respondents did not answer this question.

In order of frequency, the issues listed were as follows:

Financial Security (29), Health Issues (29), Elder/Senior Care (24), Affordable Housing/Lack of Housing (19), Childcare/Children's Issue (12), Mental Health (8), Drug/Alcohol Abuse (6), Legal Issues (6), Discrimination (5), Lack of Transportation (5), Unemployment (5), Hunger/Nutrition (3), and Violence/Domestic Abuse (3).

4. What type of programs and services would you like?

	Percentage	Responses
Birth Control	7.2%	7
Health Issues	41.2%	40
Technology	23.7%	23
Childcare	13.4%	13
Job Searching	14.4%	14
Vocational Education	21.6%	21
Education	23.7%	23
Legal Issues	18.6%	18
Family Relations	23.7%	23
Senior Issues	49.5%	48
Teen Issues	13.4%	13
Financial Planning	37.1%	36
Mentor	16.5%	16
Small Business	24.7%	24
Other (please specify)		10

19 respondents did not answer this question.

In order of frequency, the barriers listed were as follows: Senior Issues (48), Health Issues (40), Financial Planning (36), Small Business (24), Technology (23), Education (23), Family Relations (23), Vocational Education (21), Legal Issues (18), Mentor (16), Job Searching (14), Childcare (13), Teen Issues (13), Birth Control (7).

5. What are the barriers, if any, preventing you from getting help you may need?

	Percentage	Responses
Don't Know How to Access Services	20.0%	21
Don't Know What Services Are Available	40.0%	42
Finances	18.1%	19
Intimidated/Hesitant to Ask for Help	14.3%	15
Technology (Internet)	7.6%	8
Transportation	2.9%	3
Language	4.8%	5
None	38.1%	40
Other (please specify)		7

11 respondents did not answer this question.

In order of frequency, the barriers listed were as follows: Don't Know What Services Are Available (42), Don't Know How to Access Services (21), Finances (19), Intimidated/Hesitant to Ask for Help (15), Technology (8), Language (5), and Transportation (3).

6. What is the best way for you to receive information about future programs and services?

	Percentage	Responses
Website	31.8%	35
Email	65.5%	72
Newsletter	25.5%	28
Newspaper	25.5%	28
Flyers	10.0%	11
TV/Radio	30.0%	33
Word of Mouth	27.3%	30
Other (please specify)		2

6 respondents did not answer this question.

In order of frequency, the venues selected were as follows: Email (72), Website (35), TV/Radio (33), Word of mouth (30), Newsletter (28), Newspaper (28), and Flyers (11).

7. Which of the following describes your current employment status?

	Percentage	Responses
Employed Full Time	28.9%	33
Employed Part Time	9.6%	11
Self Employed	17.5%	20
Unemployed	0.9%	1
Homemaker/Housewife	1.8%	2
Disabled	0.9%	1
Retired	39.5%	45
Military	0.0%	0
Student at	0.9%	1

2 respondents did not answer this question.

8. What is your current occupation?

The occupations listed were as follows:

Accountant, Aquatic Therapist, Artist, Bar Manager, Campo, Caregiver-mother, City Council Member, Clerical, Clinic Director, Community Outreach Coordinator, Controller, Counselor, minister, Environmental Compliance, Executive Director, Natural resource management, Government, Graphic designer, Homemaker, Hotelier, Insurance Broker, Internet Marketing, Labor, Landscape gardener, Lawyer, LCSW (Licensed Clinical Social Worker), Marketing, Nurse Practitioner, office manager, Pharmacist, Production Artist/Self-Employed, Professional Coach, Professor, Public Agency, Public Health, Real Estate Broker, Realtor, Retired, Sales, School administrator, small business owner, Supervisor, tourism industry, trabajadora agricola (Nursery), trabajando en los rosales, Volunteer, Wine Advisor, Writer, Youth Coordinator

9. If Retired, what was your occupation?

The occupations listed were as follows:

Administrative Assistant, Accounting, Administrator, Art Director for print, Attorney, Banking, Professor, Construction, Contract Specialist, Educator, Elementary school teacher, Executive Assistant, Executive Director, Fashion model, Hair stylist, Retail merchandising, Financial Planner, High school teacher, Hospital Administrator, Housewife, Bookkeeper, Property Management, Florist, Inventor, Retail, RN, Small business owner, School employee, Secretary, Artist, Social Services, Systems consultant, Teacher, Librarian, Real Estate Broker, Verizon Cable Splicer, Volunteer Sierra Vista Hospital

10. What are your hobbies/interests?

	Percentage	Responses
Arts and Crafts	43.0%	49
Cooking	45.6%	52
Reading	50.9%	58
Sewing	18.4%	21
Travel	52.6%	60
Golf	9.6%	11
Games and Cards	20.2%	23
Volunteering	42.1%	48
Hiking	30.7%	35
Exercise	38.6%	44
Internet	21.1%	24
Writing	13.2%	15
Swimming	25.4%	29
Camping	20.2%	23
Music	32.5%	37
Other (please specify)	15.8%	18

2 respondents did not answer this question.

The hobbies listed in order of frequency are as follows: Travel (60), Reading (58), Cooking (52), Arts and Crafts (49), Volunteering (48), Exercise (44), Music (37), Hiking (35), Swimming (29), Internet (24), Games and Cards (23), Camping (23), Sewing (21), Writing (15), and Golf (11)

Other hobbies listed were Animals, Walking, Dance, Gardening, Genealogy, Paddle Boarding, Sailing, Skiing, Local Government, Training in Being on Boards, Women in Politics, Tennis, Biking, and Theater.

11. How is your health care funded?

	Percentage	Responses
Medicare*	38.9%	44
Medi-Cal*	4.4%	5
Self-Funded	19.5%	22
Employer	38.1%	43
Military	1.8%	2
Spouse/Partner	15.0%	17
I Have None	8.0%	9
Affordable Care Act/Covered CA	0.9%	1

*It is possible for certain respondents to receive both Medicare and Medi-Cal benefits.

3 respondents did not answer this question.

12. How well do you think your District Supervisor represents you?

	Percentage	Responses
District 1: Frank Mecham*	6.5%	7
District 2: Bruce Gibson	13.0%	14
District 3: Adam Hill	15.7%	17
District 4: Lynn Compton	17.6%	19
District 5: Debbie Arnold*	7.4%	8
Unknown	39.8%	43

8 respondents did not answer this question.

*The districts where Commissioners are needed responded much lower than those with Commissioners.

13. How well do you think your District Supervisor represents you?

43 respondents answered this question without specifying a district:

Excellent/ Very Good	Good	Poor/ Extremely Poor	Don't Know
15.7% (17/108)	37.0% (40/108)	9.3% (10/108)	38.0% (41/108)

Respondents who specified a district responded as follows:

District 1: Excellent/Very Good (3); Good (3); Poor/Extremely Poor (0); Don't Know (1)
 District 2: Excellent/Very Good (4); Good (5); Poor/Extremely Poor (2); Don't Know (2)
 District 3: Excellent/Very Good (3); Good (9); Poor/Extremely Poor (3); Don't Know (2)
 District 4: Excellent/Very Good (4); Good (8); Poor/Extremely Poor (1); Don't Know (6)
 District 5: Excellent/Very Good (0); Good (3); Poor/Extremely Poor (2); Don't Know (2)

14. What is your age?

	Percentage	Responses
Under 18	0	0
18-24	0	0
25-34	7.9%	9
35-44	12.3%	14
45-54	21.9%	25
55-64	18.4%	21

65-74	24.6%	28
75 and over	14.9%	17

2 respondents did not answer this question.

15. Where do you currently live?

	Percentage	Responses
Own home	67.0%	77
Rented house	24.3%	28
Apartment	4.3%	5
Shelter	0.0%	0
Homeless	1.7%	2
Parents	2.6%	3

1 respondent did not answer this question.

16. What is your Zip Code?

	Percentage	Responses
93401 - San Luis Obispo	14.1%	14
93402 - Los Osos	14.1%	14
93405 - San Luis Obispo	6.1%	6
93410 - San Luis Obispo (Cal Poly)	0.0%	0
93420 - Arroyo Grande	4.0%	4
93422 - Atascadero	3.0%	3
93424 - Avila Beach	2.0%	2
93426 - Bradley	0.0%	0
93428 - Cambria	4.0%	4
93430 - Cayucos	1.0%	1
93432 - Creston	1.0%	1
93433 - Grover Beach	7.1%	7
93435 - Harmony	0.0%	0
93442 - Morro Bay	6.1%	6
93444 - Nipomo	24.2%	24
93445 - Oceano	1.0%	1
93446 - Paso Robles	6.1%	6
93449 - Pismo Beach/Shell Beach	1.0%	1
93451 - San Miguel	1.0%	1
93452 - San Simeon	0.0%	0
93453 - Santa Margarita/California Valley	1.0%	1
93461 - Shandon	0.0%	0
93465 - Templeton	3.0%	3

17 respondents did not answer this question. It is possible that some out of county respondents were counted because they left this question blank.

17. What is your Marital Status?

	Percentage	Responses
Single	9.7%	11
Married	50.4%	57
Divorced	21.2%	24
Widowed	12.4%	14
Living with Domestic Partner	4.4%	5
Separated	1.8%	2

3 respondents did not answer this question.

18. What are the age range(s) of your children and how many in each age range(s)?

None	25
Under 5	5
6 to 10	8
11 to 17	14
18 and over	77

3 respondents did not answer this question. These sums may be underrepresented due to misunderstanding of the question. Some respondents check the box instead of writing in the number of children.

19. What is your Race/Ethnicity?

	Percentage	Responses
Hispanic/Latino of any race	13.6%	15
American Indian or Alaska Native	0.0%	0
Black or African American	0.0%	0
Native Hawaiian or Other Pacific Islander	0.0%	0
Asian	1.8%	2
White	79.1%	87
Two or more races	5.5%	6

6 respondents did not answer this question.

20. What is your highest level of education?

Percentage Responses

Less than High School	1.8%	2
High School Graduate	5.4%	6
Vocational/Technical Certificate	2.7%	3
Some College or AA Degree	30.6%	34
Bachelor's Degree	27.0%	30
Post Graduate Work/No Degree	4.5%	5
Post Graduate Degree	27.9%	31

5 respondents did not answer this question.

21. What is your household annual income?

	Percentage	Responses
Less than \$25,000	14.0%	14
\$25,000 to \$49,999	20.0%	20
\$50,000 to \$74,999	22.0%	22
\$75,000 to \$99,999	16.0%	16
\$100,000 and over	28.0%	28

16 respondents did not answer this question.