

October 6, 2015

**Minutes of the Commission on the Status of Women Meeting held at:
County Government Center, 1055 Monterey Street, Room 161/162, San Luis Obispo, CA**

Note: Please bring copies of Agenda and Minutes to meetings

1. Call to Order: AK 6:20 PM

2. Roll Call: AK

Present: Amanda King (AK), Vice-chair; Kathy Veder (KV); Shawna Scott (SS), Secretary; Julie Jones (JJ); Paulla Ufferheide (PU), Jan Harper (JH), Consuelo Meux (CM)

Excused: Vicki Milledge (VM)

Absent: Anita Shower (AS), Layci Gregnani (LG), Robyn DeRohan (RD)

3. Guests/Introductions/Announcements/Introductions:

A. Chris Noffz, guest

B. Andrea Wasko, guest

C. Guest Speaker: Shannon McQuat, Community Outreach Manager – Transitions Mental Health Association

1) Introduction by JJ

2) Suicide Prevention Forum – October 8, 2015, 11:00 am – 1:00 pm OR 6:00 PM to 8:00 PM, Suicide Prevention Council, LDS Church Building 651 E. Foothill Boulevard, SLO, no cost to attend

3) Handouts provided

4) Support services for those with mental illness

5) Housing programs – variety based on need (check in to full support, or supportive independent environment), transitional housing for homeless, partnering 50 Now (50 most vulnerable homeless persons, 3 years to house 50 persons), direct services to anyone under the age of 18 (youth treatment program ages 11-17, group home, 24-hour care, for severe situations, most in foster care system), next available services are in Ventura

6) Property purchased and renovated to enable control of rent and maintenance

7) Partnerships with employers, placement, job coaching (onsite support)

8) Four social programs: SLO and Santa Maria farms, stores in SLO and Santa Maria (Growing Grounds); art therapy, gallery store

9) Support employment – requires open case with Mental Health or Department of Rehabilitation

10) Community programs: outreach and education “Stamp Out Stigma”, “Slow the Stigma”

11) Trainings: mental health first aid, suicide prevention and intervention training, LGBT ally support training

12) Wellness Centers – support groups, therapy, member-driven

13) HOTLINE – 24/7 support referral line

- 14) Mental health advocates – help people connect to County Mental Services
 - 15) Homeless outreach team – therapists, nurses
 - 16) Family services – support to family members, support groups, mentorship, family advocates, education programs, “The Shaken Tree” movie and presentation
 - 17) Journey to Hope, January 13, 2015, 6:00 PM to 8:00 PM, New Life Church
 - 18) Upcoming – Bowl-A-Thon fundraiser
 - 19) Stats: 43% of clients in 2014 were female, 41-59 majority
 - 20) Transitions willing to provide opportunities for survey distribution
 - 21) New mobile crisis team
 - 22) Need more support for youth, need more education in the medical community (i.e. post-partum depression)
 - 23) Partnership with Know the Signs campaign
 - 24) Group discussion about scenarios/situations
 - 25) 211 Directory available online (see United Way website)
 - 26) Each Mind Matters, lime green ribbon
4. Approval of Minutes - SS
 - A. July 7, 2015- continued to next meeting
 - B. August 4, 2015 – continued to next meeting
 - C. September 1, 2015 – corrections Julie chaired meeting, Women Aide – File as corrected (JH/KV)
 5. Officer Reports
 - A. Chair Report – AK
 - 1) No updates at this time
 - B. Treasurer Report - JH
 - 1) Checking: \$3,466.87
 - 2) Stamps: \$22.32
 - 3) Discussion: will provide \$500 to South Bay Women’s Network (out of checking) (note: \$500 put down already for the Madonna Inn, will result in a total of \$1,000 to SBWN)
 6. Unfinished/Ongoing Business, 5 min update
 - A. Commissioner Vacancies
 - 1) District 1 (2), District 5 (2)
 - 2) Discussion: strategy regarding Commissioners who are not attending/participating; need letter to Supervisors to bring it to their attention, maybe the Supervisor can find out if the person would like to remain a Commissioner
 - B. Website/Communications – AK
 - 1) Website updated with agendas, meeting minutes; social media buttons added
 - C. Questionnaire/Survey Monkey – JH & AK
 - 1) No additional surveys received by mail
 - 2) 37 total surveys received from website
 - 3) Contact JH for printed copies of the survey

- D. WWF 2016 Event Update – KV and JJ
- 1) Discussion: name of event (i.e., third annual), Third Annual Women’s Wall of Fame Luncheon – agreed to name change for consistency
 - 2) \$1,050 from BOS for Luncheon expenses, need to sign contract and send thank you letter
 - 3) One nomination received
 - 4) Overview of meeting: need at least \$3,000 in sponsorships; PU going to arrange judges; website: tickets available after January 2016 (SS and KV to work out ticket management)
 - 5) Discussion about venue, larger venues too expensive, need better sponsors to cover the cost of a larger venue
 - 6) Nominee reservations need to be provided early to guarantee seating - email may be more effective in addition to hard copy mail and phone call
 - 7) Helen Daurio helping with past nominees
 - 8) Invite nominees to holiday reception
 - 9) Use of Supervisor Gibson radio ad
 - 10) AK sending out zip file with packet information to Commission
 - 11) AK posting information to Facebook
- E. BOS Agenda
- 1) September 22, 2015:
 - a. Consent Agenda – Board of Supervisors Items: Submittal of a resolution recognizing September 2015 as "National Recovery Month." All Districts.
 - b. Board Business: Submittal of a report summarizing an analysis of Assisted Outpatient Treatment (also known as “Laura’s Law”) in San Luis Obispo County. All Districts.
 - 2) September 15, 2015:
 - a. Consent Agenda – Administrative Office Items: Request to approve the FY 2015-16 agreement with the SLO Noor Foundation in the amount of \$175,000 for the free health care clinic from Fund Center 106 Contributions to Other Agencies. All Districts.
 - b. Presentation: Submittal of a resolution affirming the commitment to preventing the Commercial Sexual Exploitation of Children in San Luis Obispo County. All Districts.

ACTION: SS to provide electronic version of brochure to PU for updating

7. New Business
- A. Holiday Party – December 1, 2015
- 1) Move to December 8, 2015 or December 15, 2015, consider use of atrium rather than our typical room
 - 2) Strategize at November meeting, need refreshments, signage
 - 3) SS to coordinate with BOS Secretary and AK regarding date, and will send out “Save the Date”

MOTION: Motion to hold Holiday Event (KV), second (JH), ayes (all)

ACTION: SS to contact BOS Secretary to determine what date is better, and if earlier time is better

ACTION: AK to investigate if room and/or atrium are available on December 8 or 15

Adjourn: 7:55 PM

Next meeting: November 3, 2015

Running Bucket List:

1. How can the Commission help the Women's Community Center (WCC)? Possible work issue for retreat
2. BOS matching funds that we raise
3. Report to BOS monthly, different commissioner each month, discuss at retreat
4. Attend League of Women Voters to request commissioners
5. Monthly newsletter – send to contact list, BOS, network; interface with our website
6. CSW Non-profit – how to set up, is this ok to set up, can BOS provide direction
7. Mobile display case for community libraries
8. Continue to update questionnaire for all commissioners, strengths to identify where each can help
9. Domain – “Women's Way to ____”
10. Update Bylaws – All positions 2 years
11. Budgeting and expenses
12. Inclusion of ACCW/State Questions on our County Survey to aid in State reporting
13. Move forward with an issue (Resolution) related to NACW Conference, possible movie night for Commission or open to public
14. Women's Bureau Trauma Event, presenters, option to show “Invisible War”